

INSTRUCTOR נדריך  
**KMG**  
KRAV MAGA GLOBAL  
by Eyal Yanitor

# COURSE PLAN

## MONTAG



17:00-17:45  
**KIDS**  
5-7



18:00-19:15  
**BEGINNER**  
16+



19:30-20:45  
**ADVANCED**  
16+\*

## DIENSTAG

17:00-17:45  
**TEENS**  
13-16

18:00-19:15  
**COMBAT BOXING**  
16+

19:30-20:45  
**ADVANCED** 16+\*  
**MASTERY** 18+\*

## MITTWOCH

17:00-17:45  
**KIDS**  
5-7

18:00-18:45  
**JUNIORS**  
8-12

19:30-20:45  
**BEGINNER**  
16+

## DONNERSTAG

17:00-17:45  
**ADVANCED JUNIORS**  
9-12\*

18:00-19:15  
**ADVANCED**  
16+\*

19:30-20:45  
**MASTERY**  
18+\*

## FREITAG

17:00-17:45  
**KIDS**  
5-7

18:00-18:45  
**JUNIORS** 8-12  
**TEENS** 13-16

19:30-20:45  
**BEGINNER**  
16+

## SAMSTAG

FREI FÜR  
EVENTS

## SONNTAG

17:00-18:15  
**BEGINNER**  
16+

18:30-19:45  
**ADVANCED**  
16+\*

### SPECIALS:

APPLICATION-DRILL, CAR-RACE, OUTDOOR & CQB-TRAINING  
MONATLICH NACH ANKÜNDIGUNG IM ADVANCED & MASTERY COURSE.

\*TEILNAHME NACH SEPARATER ZULASSUNG MÖGLICH.

GÜLTIG AB: 01/04/2024



**KRAV  
MAGA  
ELITE**

