

INSTRUCTOR מדר"ר



KRAV MAGA GLOBAL

by Eyal Yanilov

COURSE PLAN

MONTAG

> 17:00-17:45
KIDS
4-6

> 18:00-19:15
BEGINNER
16+

> 19:30-20:45
ADVANCED
16+*

DIENSTAG

17:00-17:45
TEENS
12-16

18:00-19:15
ADVANCED
16+*

19:30-20:45
MASTERY
18+*

MITTWOCH

17:00-17:45
KIDS
4-6

18:00-18:45
JUNIORS
7-11

18:45-19:15
ADVANCED JUNIORS*

19:30-20:45
BEGINNER
16+

DONNERSTAG FREITAG

18:00-19:15
ADVANCED
16+*

19:30-20:45
MASTERY
18+*

17:00-17:45
JUNIORS
7-11

18:00-18:45
TEENS
12-16

19:00-20:15
BEGINNER
16+

SAMSTAG

FREI FÜR
EVENTS

SONNTAG

17:00-18:15
BEGINNER
16+

18:30-19:45
ADVANCED
16+*

SPECIALS:

APPLICATION-DRILL, CAR-RAGE, OUTDOOR & CQB-TRAINING
NACH ANKÜNDIGUNG IM ADVANCED & MASTERY COURSE.

*TEILNAHME NACH SEPARATER ZULASSUNG MÖGLICH.



**KRAV
MAGA
ELITE**



GÜLTIG AB: 01/10/2024